

Virginia Swimming LC Senior Championships Meet
26-29 July 2007 George Mason University-Fairfax
General Meeting – Conduct of the Meet

Officials

Meet Referee: Michael Downs (UN)

Admin Referee: Terry Randolph (UN)

Deck Referees: Cathy Rudolph (TIDE), ??

Starters: Kevin Hogan (UN), Tom Elliott (NOVA), Tom Colarsudo (TIDE)

Chief Judges: Mike Willard (CGBD), Charles Seltman (QDD), Jack Neill (UN-PV)

Facility Layout

8 Lanes for competition, separate set of WU lanes

Admin area is behind Referee/Starter (Admin Ref, Announcer, Timing System, Recorder)

Clerk of Course is next to Admin Table.

Ready Room is on Lane 1 side at the turn-end corner of the pool.

Locker Rooms, Coaches area, Swimmers seating, Results posting

Swim Shop, Concessions, and Hospitality

Venue Rules/Deck Access

Athletes: must display meet credentials

Coaches: must display valid USA Swimming coach credentials

Meet Invitation Changes

None

Psych Sheets

Psych Sheets were included in the Coach Packets (includes FAX entries).

Proof of Times

Required proof of times were included in the Coach Packets. Please see the Clerk of Course/Admin Referee.

Timelines

Estimated timelines were included in Coach Packets (before scratches, but including projected scratches)

Thur distance event (1500) will be swum fastest to slowest, alternating women and men.

Sun distance event (800) will be swum slowest to fastest, alternating women and men, so that 2nd fastest heat of Men will end at 3:30pm (about 1:40pm). Fastest heat of Women and Men will swim in Finals.

Thur – 6:00pm/9:45pm Fri – 8:30am/12:34pm Sat – 8:30am/1:01pm Sun – 8:30am/11:27pm

Warm-Up/Cool-Down Procedures

Warm-Up information was included in the Coach Packets.

General / Specific warm-ups. No diving except in designated lanes at designated times.

Please supervise your swimmers and please be cooperative!

WU/CD lanes are open continuously throughout the meet – no diving.

Heat Sheets

Heat Sheets will be available after seeding at Clerk of Course (1 per Coach).

Scratches for Prelims/Timed Finals

Deadlines were included in the Coach Packets. Max individual events is 6 (not including TT); daily max is 3 (including TT).

Fill out Scratch Cards and put in Scratch Box at Clerk of Course.

Scratch Box is at Clerk of Course, except during General Meeting.

Thur – 15 mins after General Meeting for Thur events

Thur – 5:30pm for Fri events

Fri – 6:30pm for Sat events

Sat – 6:30pm for Sunday events (including distance events)

No shows: Missed Prelims/Timed Finals swims result in removal from the rest of the day's events (except for those not already qualified). Swimmer must re-enter the meet for each day's events with the Admin Referee prior to the closing of the Scratch Box for that day.

Scratches for Finals

Must be done with the Admin Referee only, NLT 30 mins after announcement of the results.

Initial the log. Intent to Scratch must be cleared NLT 30 mins after the swimmer's last event.

Otherwise, swimmer will be seeded.

If you have a late scratch, please notify the Admin Referee ASAP. Unless there are extenuating circumstances, swimmer is removed from remainder of the meet.

We will have results and unofficial scratch progress at the Clerk of Course.

We will post the corrected results after the event closes, including scratches.

Swim-Offs

Deck Referee will arrange potential/required swim-offs. Must be conducted within 45 mins of swimmers' last event of the session.

Relays

Relay events are Timed Finals. Fastest 2 heats will swim in Finals.

"Sunday Relay Rule" is in effect. Must declare intention at Positive Check-in.

Positive Check-in for relays is required to swim.

Thur – 5:15pm for 200MR

Fri – 9:30am for 800FR

Fri – 6:30pm for 200MR

Sat – 9:30am for 400MR

Sun – 9:30am for 400FR

Relay cards will be at the Clerk of Course after seeding for pick-up.

Completed relay cards must be turned in to Clerk of Course NLT 1 hour prior to the event.

Thur – 5:30pm for 200 MFR (evening)

Fri – 11:30am for 800FR (morning); 7:00pm for 800FR (evening)

Sat – 7:30pm for 200MR (morning)

Sat – 11:30pm for 400MR (morning); 7:15pm for 400FR (evening)

Sun – 10:30pm for 400FR (morning); 5:30pm for 400FR (evening)

Changes to the order can be made up until the heat.

Start Procedures

Whistle starts and no recall false start rules are in effect. Overhead start procedures will be used for all Prelims and Timed Finals sessions.

Declared False Starts

Declared False Starts must be submitted to the Referee prior to the heat. Can be used only in Prelims.

If you know your swimmer will DFS, please let the Admin Ref know during warm-ups, so we can mark our heat sheets. During the session, let the Deck Referee know. Do not need to show behind the blocks.

Finals Procedure

Bonus/Consol/Final heats. Bonus/Consol heats will report to the blocks. Final heat (including Distance Freestyle) should report to the Ready Room and parade.

DQs

If a swimmer commits a violation during a swim and is disqualified, he/she will be notified after the swim by the Chief Judge. DQ slips will be available for Coaches at the Admin area (see Admin Referee).

Time Trials

Time Trials will be conducted daily, 30 minutes following the Prelims sessions. Event order is in the meet invitation. 800/1500 only offered on Saturday.

TTs are open to all swimmers entered in the meet in an individual event (no relay-only swimmers).

TTs count as an individual event for the day.

Registration is at the Clerk of Course NLT 10:30am daily.

Fri TTs – 1:00pm

Sat TTs – 1:30pm

Sun TTs – 12:00pm

\$15 for each event.

Awards

Top 8 individual/Top 3 Relays

We'll break during the Finals to give awards (according to schedule in Meet Invitation).

Coach from champion is asked to present.

Swimmers report to the podium area and wait to be called.

Results

Results will be posted upstairs and in the pool.

We will also have results at the Clerk of Course.

All results will be on the meet website.

Protests/Meet Jury

Protests must be filed in writing to the Referee NLT 30 mins after the heat is swum.

If needed, we will conduct a Meet Jury.

Potential jurists are:

Officials: Dan Bechard (BAC), Tom Elliott (NOVA), and Tom Colarsudo (TIDE)

Coaches: Steve Hennessy (CGBD), Brent St. Pierre (CCA), TJ Liston (LY)

Athletes: Nick Montes De Oca (BASS), Sarah Parker (SHKS), Meg Anderson (SQST)

Problems/Complaints

Eligibility/administrative: Admin Referee (Terry Randolph) first

Problems with swims: Deck Referee (Cathy Rudolph or ??) for the event first

Facility problems: Meet Director (Mike Friedel) first